



2024 Offshore Series

ANCASTA ROSCOFF RACE
(an element of the COGS Offshore Series 2024)
Friday 3rd & Saturday 4th April 2024

Organising Authority: RCYC Sailing Ltd,
in conjunction with the Royal Cornwall Yacht Club
Falmouth Cornwall UK

SAILING INSTRUCTIONS

1 RULES

- 1.1** The race will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2**
- a) RRS Part 2 shall not apply between the hours of local sunset and sunrise and shall be replaced by the International Rules for the Prevention of Collisions at Sea (IRPCAS).
 - b) RRS 26, 27 and 29 – see S.I.'s 4.2 and 10.3.
 - c) RRS 32 is changed to allow VHF broadcasts or WhatsApp group messaging for shortening or abandoning races.
 - d) RRS 33 is changed to allow VHF broadcasts or WhatsApp group messaging for changing courses.
 - e) RRS 35 and A4 – see S.I.'s 10.4 and 12.
 - f) RRS 44 is changed to allow a one-turn penalty in place of a two-turn penalty.
 - g) RRS 52 is changed to allow the use of auto-pilots and automatic steering devices.
 - h) RRS 60.1(b) – see SI 10.3.
 - i) RRS 62 is changed so that failure to hear a VHF broadcast or WhatsApp group message shall not be grounds for redress.
 - j) RRS 63.7 is changed to permit a rule in the Sailing Instructions to take precedence over a rule in the Notice of Race.
 - k) For the purposes of the definition of “Start” and “Finish” and Rules 21.1, 29.1, 30 and 44.2 (but not any other Rules) the term “hull” includes a boat’s bowsprit in its normal position.
- 1.3** IRC Rules Parts A, B, and C apply. Part D will not apply.
- 1.4** World Sailing Offshore Special Regs (OSR) 2024-2025 Cat 3 with liferaft apply.
- 1.5** Local regulations will apply concerning safe navigation in close proximity of large vessels restricted in their ability to manoeuvre, and dive vessels (see SI 9).

2 NOTICES TO COMPETITORS

Notices will be displayed on the official notice board on the COGS website at www.cogsracing.org.uk.

3 CHANGES TO SAILING INSTRUCTIONS

Changes to the sailing instructions will be published on the official notice board before 1000 on Friday 3rd May. Changes may also be issued by the race officer giving verbal information on marine VHF Ch. 69.

4 SIGNALS MADE ASHORE

- 4.1** Signals made ashore, including postponement and abandonment signals, will be displayed on the signals mast at the RCYC.
- 4.2** No visual signals, including starting signals, will be made at Pendennis Point (see SI 10.3). This changes RRS 26, 27 and 29.

5 SCHEDULE

Date	Activity	Time	Location
Friday 3 rd May	IRC first warning signal	1825 BST	Pendennis headland
	YTC first warning signal	1830 BST	Pendennis headland
Saturday 4 th May	Race time limit	1700 BST	-
	Deadline for submitting finish declarations. <i>Yachts finishing on or close to the time limit may submit their declaration to the COGS results officer electronically, by phone or by VHF</i>	1715 BST	-
	Prize-giving	Afternoon or early evening	Venue to be announced

6 CLASS FLAGS

Class flags shall be flown from the backstay or mainsail leech as follows:

Class	Flags
IRC	IC "1" and "Z"
SWYTC	IC "E" and "Z"

7 RACING AREA

The start will be in the vicinity of Pendennis Point. The racing area will be the English Channel from Falmouth to Roscoff.

8 THE COURSE

The course will be from the start off Pendennis Point, Falmouth to the finish at the "Astan" BYB east cardinal buoy, situated in approximate position N48° 44'.914 W003° 57'.664. Distance is about 94 nautical miles.

9 AREAS THAT ARE OBSTRUCTIONS

- 9.1** Merchant and naval shipping. Areas around merchant and naval vessels underway in the Falmouth pilotage area and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No boat shall enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and risk reporting by the race committee under RRS 69 – Gross Misconduct. A complaint by the Harbour Authority will initiate a report by the race committee.
- 9.2** Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.
- 9.3** Traffic Separation Zones. In order to cross shipping lanes safely the use of the vessel's engine is permitted where required.

10 THE START

- 10.1** The start line will be a line extending east from a transit formed by a triangle and the PoFSA signals mast on Pendennis Point at the west side of the entrance to Falmouth Harbour (see addendum A). Boats shall start by crossing from north to south. The line will

be bounded at the port end by the Black Rock isolated danger mark, and at the starboard end by the shore. Black Rock and the shoreline of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart, and keep clear.

10.2 Start signals will be as RRS 26 but without any visual signals.

10.3 Starting sound signals and verbal commentary will be broadcast on VHF Ch. 69. Failure to hear or receive this broadcast shall not be grounds for redress. This changes rule 60.1(b).

10.4 A boat starting later than 20 minutes after her starting signal will be scored DNS. This changes RRS 35 and A4.

11 THE FINISH

11.1 The finish line will be a line extending 90° (magnetic) from the finish mark ("Astan" BYB east cardinal buoy, situated in approximate position N48° 44'.914 W003° 57'.664). Boats shall pass within 2 boat lengths of the mark or of a boat overlapped inside (see Addendum B).

11.2 All boats shall note their finish time (BST) and submit it to the COGS finish officer at Bloscon Marina on the form available for download from the RCYC website. Competitors should also send a message with their boat name and finish time (BST) to: anthony.nathan@btinternet.com and/or 07768 446815.

12 TIME LIMIT

The time limit for all boats is 17:00 BST on Saturday 4th May. This changes rule 35.

13 PROTESTS

Protest forms are available to download from the RYA website, and shall be lodged with the COGS race finish officer within one hour of the last boat finishing. Hearings will take place at the RCYC as soon as practicable after boats return to the UK. Parties will be informed of the schedule of hearings by email.

14 SAFETY REGULATIONS

14.1 Competitors are reminded of their obligations under RRS Fundamental Rule 1.1. Any restrictions on radio communications in these sailing instructions does not relieve boats of their responsibility to maintain a proper radio watch at sea or to implement the correct distress and emergency communications when related to safety of crew, boat and others at sea. Competitors not adhering to this procedure may be subject to protest by the race committee.

14.2 All persons-in-charge shall confirm the boat name, sail number and declare the number of people on board via VHF Ch. 69 to the race officer no later than 10 minutes before the first scheduled warning signal. If the number and/or identity of crew members is different from the information declared on the crew list then the person-in-charge shall provide updated and accurate information. Shore contact details MUST have been supplied to the OA (NOR 4.3).

14.3 A boat that retires from the race, or is unable to cross the finish line before the time limit, shall notify the race officer or COGS contact person by the following means:

- (a) Race officer. Neil Hopkins 07817059402 or
- (b) Anthony Nathan at chairman@cogsracing.org 07768446815

15 EQUIPMENT AND MEASUREMENT CHECKS

The OA may inspect boats and equipment for compliance with the rules of the regatta. Inspections will take place in Falmouth before the start. On the water a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

16 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

17 PRIZES

- 17.1** Prizes will be awarded for 1st to 3rd places in each class. The organising authority may also award other prizes depending on the number of entries.
- 17.2** A prize-giving will be held at Bloskon Marina on 4th May after the last boat has finished within the time limit. Competitors will be notified of the time and place via the COGS 2024 Whatsapp group.

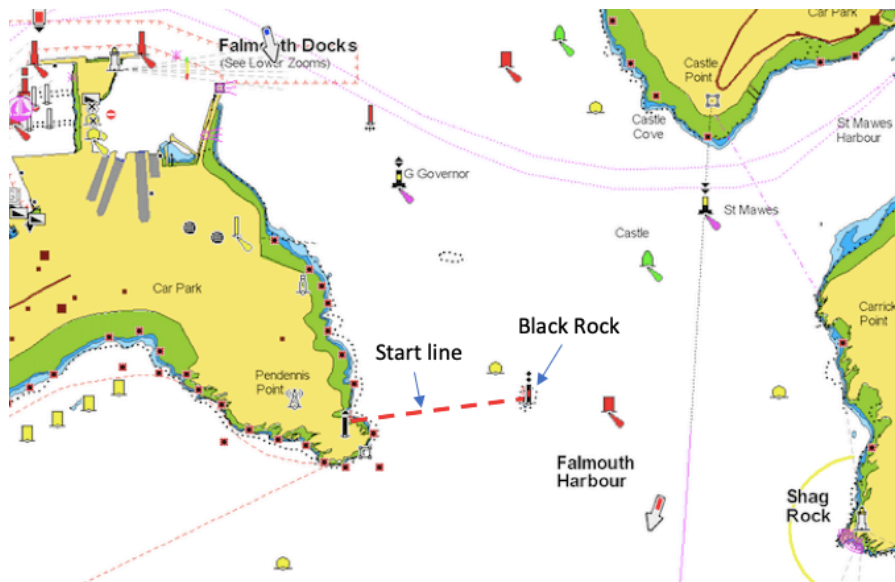
18 RISK STATEMENT

- 18.1** Rule 3 of the Racing Rules of Sailing states: “The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone”.
- 18.2** Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk including strong winds, rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance and fatigue etc. Inherent in the sport of sailing is the risk of permanent catastrophic injury or death by drowning, trauma, hypothermia or other causes. By taking part in the event, each competitor agrees and acknowledges that:
- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions and omissions;
 - d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e) The provision of a race management team, and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event;
 - g) They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 18.3** The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this notice of race.

19 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent. Competitors will be required to sign a declaration to this effect at registration.

Addendum A – start area



Addendum B – finish area

