

**PLYM YACHT CLUB & SALTASH SAILING CLUB
OFFSHORE WEEKEND – 8 & 9 JUNE 2019
PLYMOUTH TO FOWEY – FOWEY TO PLYMOUTH**

**NOTICE OF RACE
&
SAILING INSTRUCTIONS**

GENERAL NOTICE OF RACE

SAFETY – RESPONSIBILITY – RISKS

Yacht racing, like any sport, can be dangerous. The Plym Yacht Club & Saltash Sailing Club organising committee have no responsibility for loss of life or injury or for the loss of or damage to any vessel or property. Before racing every person is urged to effect adequate and suitable insurance to cover their person, their property and their responsibilities to others.

Plymouth is a Naval and Commercial Port and the Port Authorities have ABSOLUTE control of seagoing activities within the Port, which by definition also extends two nautical miles to the seaward of the Breakwater. Where yachts are sailing within the boundaries of the Port, they shall comply with such regulations as may be enforced by the Port Authority. In particular, regulations regarding interference with the navigation of large vessels must be strictly complied with. Competitors are referred to the Dockyard Port of Plymouth Order 1999, a copy of which is displayed at the Plym Yacht Club and at Saltash Sailing Club, and to the local notice of mariners. A copy can be viewed online at www.qhmplymouth.org.uk. Any breach of such regulations will result in the yacht concerned being disqualified from the race in which it was sailing at the time, or in a serious case, such other races as the sailing committee may decide. Legal action may also be taken by the Port Authority.

1.0 RULES

1.1 All races will be governed by the Racing Rules of Sailing, the Prescriptions of the Royal Yachting Association and Class Association Rules, except as amended by these Sailing Instructions.

2.0 ENTRIES

2.1 Eligible boats must be entered by completing the registration form available from Saltash Sailing Club or Plym Yacht Club before the start of the race and paying the appropriate entry fee as specified in these instructions or its result will not be counted. Late entries may be accepted at the discretion of the Race Committee. Entries for the COGS should be made on-line at www.cogsracing.org.uk in accordance with the COGS Notice of Race.

2.2 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner/person in charge who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither these Sailing Instructions nor any inspection of the boats limits or reduces the absolute responsibility of the owner/person in charge for the crew, the boat and her management. The race organisers shall not be responsible for any loss, damage, death or personal injury, howsoever caused to the owner/person in charge or crew, as a result of their taking part in the race or races. Moreover, every owner/person in charge warrants the suitability of the boat for the race or races.

2.3 Yachts shall be insured for third party racing cover (minimum £3,000,000).

2.4 Competing yachts shall fly a distinguishing pennant corresponding to their Class. Yachts entered in the COGS race will fly flag 'Z' inferior to their class flag.

2.5 For yachts competing in PPSA Cruiser and White Sail Classes the races will be for monohulls rated under the PPSA Port Handicap Scheme as administered by the Port of Plymouth Sailing Association.

2.6 Yachts will use the TCF as published in the current PPSA 2019 list of Port TCFs. Exceptions may be made at the discretion of the Sailing Committee. Yachts racing in COGS will use the YTC assigned by COGS.

2.7 Yachts competing in the IRC Classes must have a valid IRC Certificate issued by the RORC, Seashore Building, Bath Road, Lymington, Hants. SO41 9SE. Telephone 01590 677030.

2.8 A copy of each yachts current IRC certificate should be lodged with the Race Committee prior to racing.

2.9 For yachts racing in the Plymouth Race Series IRC Classes IRC rule 22.4 will not apply for the purpose of racing under these instructions.

2.10 Yachts competing in the MOCRA class must have a current MOCRA rating.

2.11 Entry fee - £20.00 for Plymouth-Fowey and return.
£15.00 for an individual race.

3.0 NOTICES TO COMPETITORS

3.1 Notices to Competitors will be posted on the official notice board located in Saltash Sailing Club or at the Royal Fowey Yacht Club as appropriate.

4.0 CHANGES IN SAILING INSTRUCTIONS

4.1 Any changes in Sailing Instructions will be posted on the official notice board not later than one hour before the start of any race. Any amendments to these instructions will also be indicated by Flag 'L' flown at the start. Competitors must come within hailing distance of the start line to be advised of the amendments.

5.0 SIGNALS

5.1 All signals will be made in accordance with RRS (except as modified by these sailing instructions). Signals before and at the start will be made from the Start Line.

6.0 CLASSES AND CLASS FLAGS

6.1 Yachts:

MOCRA	Numeral Pennant 8
IRC	Numeral Pennant 1
PPSA/COGS Cruiser	Numeral Pennant 4
White Sail	Flag W

6.2 Yachts competing in the PPSA Cruiser class may elect to sail fully crewed or 2-handed. Yachts wishing to compete in the 2-handed division are to declare so on their entry.

7.0 Event Programme

7.1 **Saturday 7th June** Plymouth – Fowey First Start 1100

Sunday 8th June Fowey – Plymouth First Start 1030

8.0 SAILOVERS (Addition to RRS 32)

8.1 Where only one boat starts a race, that race will be abandoned and no result given. Flag 'N' over 'H' will be raised below the Class Flag.

9.0 COURSES AND MARKS

9.1 See individual race instructions.

10.0 COMMUNICATIONS

10.1 Yachts shall monitor VHF Channel 37. Visual signals may be replaced by announcements on Channel 37. In the event of Channel 37 being unusable, Channel 72/77 will be used in its place.

11.0 THE START

11.1 Races will be started in accordance with RRS 26.

12.0 START LINE

12.1 **PLYM YACHT CLUB START LINE:** Will be between the Flagstaff of the Plym Yacht Club Race Box on the end of Mount Batten Breakwater and West Mallard Buoy.

12.2 The start line for the Fowey to Plymouth Race will be published and displayed at the Royal Fowey Yacht Club.

13.0 INDIVIDUAL RECALL

13.1 Will be in accordance with RRS 29.1

14.0 GENERAL RECALL (This amends RRS Rule 29.2)

14.1 If there is a general recall due to a number of unidentified boats on the course side of the line that class will start after all other classes.

15.0 FINISH LINE

15.1 ROYAL FOWEY YACHT CLUB FINISH LINE: An extension of line joining the RFYC flagstaff and the white line on the building behind the staff and leaving the silver turning buoy to starboard.

15.2 PLYM YACHT CLUB FINISH LINE: The Finish Line will be between the mast on the Plym Yacht Club Race Box on the end of Mount Batten Breakwater and West Mallard buoy.

16.0 RETIREMENTS

16.1 Yachts retiring shall report their retirement to the Race Committee within one hour after finishing or retiring. Yachts who fail to report their retirement within one hour of their retiring will be scored DND without a hearing, unless a satisfactory explanation of the delay is presented to the Race Committee. Yachts flying ensigns at the start or during a race will be deemed to have retired. The Race Officer will be contactable via mobile telephone (see below) or on VHF CH37.

17.0 TIME LIMITS (Exception to RRS 32 & 35)

17.1 See the individual race instructions.

18.0 PROTESTS (Exception to RRS 61)

18.1 Protest shall be made in accordance with RRS 61 and lodged in writing with the Race Committee within 1 hour of finishing. This time may be extended at the discretion of the Race Committee.

19.0 RACE SCORES (RRS Appendix A)

19.1 The low point scoring system, Appendix A, A4.1 of the racing rules will apply.

20.0 PRIZES

20.1 Bottle prizes will be awarded for the winners of each class and each 2-handed division at respective Club Prizegivings. Additional prizes will be awarded subject to the number of entries.

21.0 SPECIAL REGULATIONS

21.1 Races will be ISAF ORC Special Regulations category 4. Additional to the requirements of those categories, boats shall carry a life raft (or tinker tramp or traveller) or an inflatable dinghy, of which at least one half shall be properly inflated, stowed on the working deck and with inflation pump securely attached.

22.0 ENTRIES

22.1 Entries to be submitted to either the Plym Yacht Club or Saltash Sailing Club. Entries forms are available online at www.saltashsailingclub.co.uk or www.plymyachtclub.org.uk .

RCS Saltash Sailing Club: *Ashley Davies*

SSC Tel: 01752 845988

Email: equiries@saltashsailingclub.co.uk

Mob: 07935714468

www.saltashsailingclub.co.uk

Plym Yacht Club:

PYC Tel: 01752 404991

Email:

www.plymyacht.club.org.uk

Plym Mobile Number for Retirements etc:

Mob: 07890 087271

VHF Comms

IMM CH 37

GENERAL SAILING INSTRUCTIONS
2019 Ullman Sails Plymouth Race Series
Plymouth – Fowey and Fowey - Plymouth

1. **ORGANISING AUTHORITY.** The organising authority is the **PLYM YACHT CLUB & SALTASH SAILING CLUB**
2. **RULES** The races will be governed by the Racing Rules of Sailing (RRS) , the Notice of Race , these General Sailing Instructions and the event Sailing Instructions
3. **NOTICES to COMPETITORS** The Official Notice Boards will be at the Plym Yacht Club, the Saltash Sailing Club.

PLYMOUTH – FOWEY
SATURDAY 8th JUNE 2019

1. **START LINE**
The Plym Yacht Club start line
2. **START TIMES:** Subject to entries, instructions will be given on VHF by the Race Officer prior to the race.

CLASS	START TIME	WARNING SIGNAL
MOCRA	1100	Numeral Pennant 8
IRC	1105	Numeral Pennant 1
PPSA/COGS Cruiser	1110	Numeral Pennant 4
White Sail	1115	Flag W

3. **COURSES AND MARKS**
The course will be displayed adjacent to the Plym Yacht Club Race Box and will be broadcast on VHF CH 37. Courses are:

Course A - From the Start Line direct to the Finish Line off the Royal Fowey Yacht Club - (22nm)

Course B – Start Line, UoP L4 Buoy (S), Cannis Rock Buoy (S) to Finish Line – (27.1nm)

Course C – Start Line, Hand Deeps Buoy (S), Cannis Rock Buoy (S) to Finish Line – (27.9nm)

(UoP L4 Buoy approximate position 50 15.0N 004 013.0W)

4. **FINISH LINE**
Royal Fowey Yacht Club
5. **SHORTEN COURSE**
For courses B and C the Race Office may shorten the course to finish at Cannis Rock Buoy by an announcement on VHF Ch37. The Race Officer may not be in a position to record finishing times. **Yachts should record their time when rounding the buoy (when due W of the buoy), the name sail no. and approximate finish time of the boat ahead and astern.**
6. **DECLARATIONS**
It is intended that boats be timed over the Finish Line but they shall record their own finish time, the name, sail number and approximate finish time of the boat ahead and behind them. Yachts should call the Race Officer on VHF CH37 on approaching the finish.

7. TIME LIMIT
Time Limit – 1830

**FOWEY – PLYMOUTH
SUNDAY 9th JUNE 2019**

1 START LINE.

Committee Boat Start Line will be between a mast on the Committee Boat displaying an Orange Flag and an adjacent outer distance mark..

Or RFYC Start Line: The start line will be an extension of the line joining the RFYC flagstaff and the white line on the building behind the staff.

The Start Line will be published and displayed at the Royal Fowey Yacht Club.

2. START TIMES : Subject to entries, instructions will be given on VHF by the Race Officer prior to the race.

CLASS	START TIME	WARNING SIGNAL
MOCRA	1030	Numeral Pennant 8
IRC	1035	Numeral Pennant 1
PPSA Cruiser	1040	Numeral Pennant 4
White Sail	1045	Flag W

3. COURSES AND MARKS

From the Start Line direct to the Finish at the Plym Yacht Club Finish line.

4. FINISH LINE Plym Yacht Club Line.

5. DECLARATIONS It is intended that boats will be timed over the finish line, but please record the name, sail number and finish time of the boat ahead and behind them. Yachts should call the Race Officer on VHF CH 37 on approaching the finish.

6. TIME LIMIT Time Limit – 1800.

SOCIAL CALENDAR

FRIDAY 7th June 2019

Visiting yachts will be welcomed at Saltash Sailing Club. Berthing on the town pontoon or moorings. Please contact the club for details. Food will be served until 2000.

SATURDAY 8th June 2019

Food will be available at the Royal Fowey Yacht Club and the Fowey Gallants Sailing Club. To avoid disappointment competitors are recommended to book a table:

RFYC call 01726 833573 Option 2 or email: restaurant@rfyc-fowey.org.uk

FGSC call Denaro's on 01726 832 335 or email: denarosgallants@gmail.com

It would be appreciated that any yacht that books a meal and then subsequently retires through unforeseen circumstances contacts the Club in order that their table may be released for others.

The PRS and COGS prize giving will be held at the Royal Fowey Yacht Club at 19.30