



THE SHARPS BREWERY RACE FALMOUTH to FOWEY (an element of the COGS Coastal Series 2020)

Saturday 5th September 2020

Organising Authority (OA): Royal Cornwall Yacht Club (RCYC)¹,
Falmouth, Cornwall

SAILING INSTRUCTIONS

1. RULES

1.1 The race will be governed by the rules as defined in *The Racing Rules of Sailing 2017-2020* (RRS).

1.2 Racing rules are changed as follows:

a. Other racing rules are changed as follows:

RRS	SI
26	11.3
27	11.3
29	11.3
30	11.3
35	13.2
62.1(a)	2.3, 2.4, 3.2, 8.2, 11.4
A4	11.5, 13.2
A5	11.5, 13.2

1.3 IRC Rules 2020 Parts A, B and C, except rule 22.4, will apply. There will be no limitations on crew number or weight.

1.4 ISAF Offshore Special Regulations (OSR) 2020-21 will apply. The regatta is classified as "Category 4 with Category 2 liferaft".

1.5 Local regulations will apply concerning safe navigation in close proximity of moorings, large vessels constricted in their ability to manoeuvre and dive vessels (see SI 10).

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Registered office: Falmouth, Cornwall. TR11 2SP.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located on the RCYC website at www.royalcornwallyachtclub.org and may be posted on the COGS website at www.cogsracing.org.uk.
- 2.2. No notices will be posted after 0830 on Saturday 5th September.
- 2.3. **Race communications** may be broadcast on **VHF channel 72**. Failure to receive such broadcasts will not be grounds for redress. This changes rule 62.1(a).
- 2.4. The race committee may use email, WhatsApp and SMS text to alert competitors to notices being posted. Failure to receive such alerts will not be grounds for redress. This changes rule 62.1(a).

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Changes to the sailing instructions will be published on the official notice board before 0830 on Saturday 5th September and may be posted on the COGS website at www.cogsracing.org.uk.
- 3.2. Oral changes on the water to these sailing instructions shall be broadcast on VHF channel 72. Failure to receive such broadcasts will not be grounds for redress. This changes rule 62.1(a).

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore, including postponement and abandonment signals, will be displayed on the signals mast at the RCYC.
- 4.2. IC flag "L" displayed over flag "Z" at the RCYC will indicate a change to the sailing instructions.

5. SCHEDULE OF RACES

- 5.1. The scheduled time of the warning signal for the IRC class is 1000.
- 5.2. The scheduled time of the warning signal for the YTC class is 1005.

6. CLASS FLAGS

Class flags shall be flown from backstay or mainsail leech as follows:

Class	Flag or numeral pennant
IRC	IC "1"
YTC	IC "E"

7. RACING AREA

The racing area will be the Cornish coast between the Helford River and Fowey, north of latitude 50°N.

8. COURSES

- 8.1. The course will be selected from the list of courses shown in Appendix A, and will depend on wind strength and direction.
- 8.2. The course identifier will be broadcast by the race committee on marine VHF radio channel 72, commencing approximately 10 minutes before the warning signal and repeated at intervals until the warning signal is displayed. Failure to receive this broadcast will not be grounds for redress. This changes RRS 62.1(a).

9. MARKS

- 9.1. Marks are described in Appendix B.

- 9.2. If any mark is missing then a virtual mark shall be considered to exist at the position given in Appendix B. A virtual mark shall be treated as if it were a mark.
- 9.3. When data from electronic positioning fixing systems are used to determine the position and track of a boat for the purpose of verifying compliance with the rules, precedence shall be given to data from the boat's primary navigation system.
- 9.4. Boats are strongly advised to make a photograph of a relevant navigation system display to verify compliance with the rules.

10. AREAS THAT ARE OBSTRUCTIONS

- 10.1. Merchant and naval shipping. Areas around merchant and naval vessels under way and constricted in their ability to manoeuvre are designated as moving exclusion zones. Such exclusion zones extend to 100m on all sides of the vessel and include tugs, pilot boats and safety boats escorting the vessel. No boat shall enter the exclusion zone, and, if becalmed, shall endeavour to use other means of propulsion to move out of the way. This should only be sufficient to move out of the exclusion zone, and the distance travelled should be the shortest necessary to keep clear. Competitors who unnecessarily interfere with shipping bring the sport into disrepute and risk reporting by the race committee under RRS 69. A complaint by a Harbour Authority will initiate a report by the race committee.
- 10.2. Diving activity. Exclusion zones extend 30m around a dive boat displaying international code flag "A", an orange pillar mark indicating a diver beneath the surface, and a diver on the surface. No boat shall enter the exclusion zone.

11. THE START

- 11.1. The start line will be a line extending east from a transit formed by the orange triangle and the PoFSA signals mast on Pendennis Point at the west side of the entrance to Falmouth Harbour. Boats shall start by crossing from north to south. The line will be bounded at the port end by the Black Rock isolated danger mark, and at the starboard end by the shore. Black Rock and the shoreline of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart.
- 11.2. An attention signal comprising of one sound signal will be made at 0955.
- 11.3. No visual signals will be made. This changes rules 26, 27, 29 and 30.
- 11.4. Starting sound signals and a verbal commentary will be broadcast on VHF Ch. 72. Failure to hear or receive any of these broadcasts shall not be grounds for redress. This changes rule 62.1(a).
- 11.5. A boat that does not start within 20 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A4 and A5.

12. THE FINISH

- 12.1. The finish line will be a virtual line in Fowey harbour extending from the marking line on the front of the Royal Fowey Yacht Club (RFYC) race office wall to the seaward side of the "Silver Ship Buoy". Any vessel, in particular the Fowey Harbour Commissioners' dredger, that is moored to the "Silver Ship Buoy" and the first yellow big boat mooring buoy is designated, together with the buoys, as a continuous obstruction. The "Silver Ship Buoy" is not designated as an obstruction if there is not a vessel moored to it. This changes RRS Section C (At Marks and Obstructions).
- 12.2. Boats should record their finishing time, and if possible the sail numbers, or names, of the boats next ahead and next behind respectively, and be prepared to pass this information to the race committee at the first reasonable opportunity.

13. TIME LIMIT

- 13.1. The time limit for all boats is 1830 on Saturday 5th September.

- 13.2.** A boat that does not finish within the time limit will be scored Did Not Finish (DNF) without a hearing. This changes RRS 35, A4 and A5.

14. PROTESTS

Protest forms are available from the sailing office at the RCYC, the race office at the RFYC or may be downloaded from www.rya.org.uk, and shall be emailed to sailing@royalcornwallyachtclub.org within the appropriate time limit. Hearings will be arranged as soon as possible.

15. SAFETY REGULATIONS

- 15.1.** Competitors are reminded of their obligations under RRS Rule 1.1.
- 15.2.** Any restrictions on radio communications in these sailing instructions does not relieve boats of their responsibility to maintain a proper radio watch at sea or to implement the correct distress and emergency communications when related to safety of crew, boat and others at sea. Competitors not adhering to this procedure may be subject to protest by the race committee.
- 15.3.** All persons-in-charge shall confirm the boat name, sail number and declare the number of people on board via VHF Ch. 72 to the race officer no later than 10 minutes before the first warning signal. Radio silence shall be kept after this time except if called by the race committee or in an emergency.
- 15.4.** A full list of crew embarked must be held by a shore-based contact. The name and telephone number of the shore-based contact shall be e-mailed to sailing@royalcornwallyachtclub.org no later than 30 minutes before the first warning signal.
- 15.5.** If the number of crew is less than a number declared beforehand then the person-in-charge shall identify the person or persons who is or are not present.
- 15.6.** A boat that retires from the race or is unable to cross the finish line before the time limit shall notify the race officer or the race committee by text or by leaving an answerphone message on each of the following telephone contact numbers:
- Race Officer. 0781 665 4590.
 - Sailing Secretary, RCYC. 0756 533 2706.
 - Race Office, RFYC. 01726 833573.
- 15.7.** Cannis & Gwineas cardinal buoys shall be passed on their correct navigational sides at all times. No boat shall sail between Cannis or Gwineas Rocks and the nearby shore.
- 15.8.** Harbour Byelaws and Notices to Mariners. The byelaws and Notices to Mariners published by the Fowey Harbour Commissioners (FHC) apply both within the harbour and the approaches to it. The byelaws are available at <https://www.foweyharbour.co.uk/assets/file/pdfs/Downloads/byelaws.pdf>.

16. EQUIPMENT AND MEASUREMENT CHECKS

A boat may be inspected at any time for compliance with the class rule and sailing instructions. On the water, a boat can be instructed by the race committee to proceed immediately to a designated area for inspection.

17. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

18. PRIZES

Prizes will be awarded for 1st, 2nd and 3rd places in each class. The organising authority may also award other prizes depending on the number of entries.

19. RISK STATEMENT

- 19.1.** RRS 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 19.2.** Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
 - c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
 - d. Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - e. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
 - f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
 - g. It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and in any information produced for the venue or event and to attend any safety briefing held for the event;
 - h. They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.
- 19.3.** The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in the notice of race and these sailing instructions.

20. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent. Competitors will be required to sign a declaration to this effect at registration.

COURSES

The cardinal marks Gwineas and Cannis shall be passed on their correct navigational sides in all courses. The racing mark “Rosemullion” is sponsored by The Meudon Hotel.

<p>Course 1 - North Wind - 25 NM</p> <p>Start Buoy “A” to Port Bay Buoy to Starboard Finish</p>	<p>Course 2 - North West Wind - 29 NM</p> <p>Start Buoy “A” to Port Buoy “C” to Starboard Bay Buoy to Starboard Finish</p>
<p>Course 3 - West Wind - 25 NM</p> <p>Start Buoy “B” to port Buoy “C” to starboard Bay Buoy to starboard Finish</p>	<p>Course 4 - South West Wind - 29 NM</p> <p>Start Hotel Meudon racing mark to Port Buoy “C” to Port Bay Buoy to Starboard Finish</p>
<p>Course 5 – South Wind - 28 NM</p> <p>Start Hotel Meudon racing mark to Port Buoy “B” to Starboard Buoy “A” to Port Finish</p>	<p>Course 6 - South East Wind - 30 NM</p> <p>Start Hotel Meudon racing mark to Port Buoy “C” to Starboard Buoy “A” to Port Finish</p>
<p>Course 7 - East Wind - 25 NM</p> <p>Start Buoy “A” to Port Bay Buoy to Starboard Finish</p>	<p>Course 8 - North East Wind - 19 NM</p> <p>Start Finish</p>
<p>COURSE 9 - RACE OFFICER’S CHOICE MARKS ANNOUNCED BY VHF</p>	
<p>Course 10 - Medium Wind Course “A” – 25 NM</p> <p>Start Hotel Meudon racing mark to Port Buoy “C” to Port Finish</p>	<p>Course 11 - Medium Wind Course “B” – 21 NM</p> <p>Start Bay Buoy to Starboard Finish</p>

Appendix B

MARKS

Name	Description	Approximate Position	
Bay Buoy (N)	Yellow special buoy	N 50° 19.51'	W 4° 43.05'
Buoy "A"	Yellow special buoy	N 50° 08.50'	W 4° 46.30'
Buoy "B"	Yellow special buoy	N 50° 10.30'	W 4° 45.00'
Buoy "C"	Yellow special buoy	N 50° 10.40'	W 4° 47.50'
Cannis	South cardinal mark	N 50° 18.45'	W 4° 39.88'
Gwineas	East cardinal mark	N 50° 14.50'	W 4° 45.30'
Hotel Meudon	Yellow spherical buoy with name	N 50° 06.61'	W 5° 04.20'
The Beach (M)	Yellow spherical buoy	N 50° 20.04'	W 4° 42.86'
Bennett Jones (P)	Yellow spherical buoy	N 50° 18.00'	W 4° 43.80'

**SUPPLEMENTARY INFORMATION FOR COMPETITORS
(NOT PART OF THE SAILING INSTRUCTIONS)**

Prizegiving

The prizegiving will be outside at the RFYC at 1900 on Saturday. Food will be available for up to 40 people. Crews are asked to book as soon as possible by email (barandrestaurant@rfyc-fowey.org.uk) or by telephone (01726 833573 - option 2). The kitchen at the RFYC closes at 9pm; crews are advised to place their orders in good time.

Berthing in Falmouth - Berthing is available in Falmouth Marina (01326 316620 or Channel 80), the Yacht Haven (01326 310991) or channel 80) and Port Pendennis Marina (01326 211211 or channel 80). The Yacht Haven and Falmouth Marina are the most convenient for the RCYC. The Harbour Master (01326 312285 or Channel 12, 14 and 16) has some visitor's moorings and the RCYC launch (Channel 37) will be running until about 1830 on Friday evening. Falmouth Harbour water taxi can also be contacted on channel 37.

Mooring in Fowey - Moorings are available from the Harbour Master (01726 832471 or VHF Ch. 12 and 16). The water taxi VHF channel is Ch. 06 and their last pick-up at the Town Quay is at 2230. A dedicated pontoon will be reserved in the harbour, for boats racing.