



1. Penzance Sailing Club will hold a race to Penzance on Saturday 15th July 2017 – the Falmouth to Penzance race, sponsored by A2 Rigging and part of the COGS 2017 coastal Series. The race will be sailed under current ISAF Rules, RYA Prescriptions, Class Rules, the COGS Notice of Race and these Sailing Instructions. All competitors are required to fly I.C. flag “Z” whilst racing.

## 2. The Start.

Races will be started with the warning signal made 10 minutes before the starting signal.

A countdown to each signal may be broadcast by the race committee on marine VHF radio channel M1. Failure to receive this broadcast will not be grounds for redress. This changes rule 62.1(a).

The starting line will be a line extending east on a transit formed by the orange triangle and the signals mast on the east side of Pendennis Point. The line will be bounded at the eastern end by Black Rock beacon and at the western end by the shore. Black Rock and the shore of Pendennis Point have outlying reefs. Competitors are advised to familiarise themselves with the extent of these reefs on the appropriate chart and to keep well clear.

A boat starting later than 20 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes rules 28.1, A4 and A5

3. Start time and sign in. There will be one start for both the IRC and PY fleets at 1030 hours. Each boat must sign in by contacting the Race Officer on CH M1 and declaring their yacht name and number of people on board. This must be completed at least 20 minutes before their start.

4. Starting signals. Rule 26 will apply (5-4-1-0 start). A hooter will be used in addition to flags as a sound guide only, the flags will take priority.

5. Abandonment of race. If conditions are unsuitable the race may be abandoned by flying Flag N from the Pendennis Point flagstaff from 0830 hours. Abandonment may also be broadcast on CH M1. Competitors will be notified if the race is to be re run the following weekend on the COGS website.

## 6. Course

Manacles Buoy to starboard,  
Lowlee East Cardinal to starboard  
Finish (Penzance).

7. Navigation. Competitors are urged to study the Admiralty Charts off the Lizard, Falmouth Bay and Penzance areas to ensure adequate clearance is given to Nare Point, Lizard Point and hazards within the finish area.

8. The finish. The finishing line will be a transit between the white lighthouse on the end of the pier (that the Scillonian moors alongside) and St Mary's Church. Yachts must pass between the end of the pier and a laid orange mark (cylinder approx. 1m high to the NE of the end of the pier). There will be a race officer taking times on the end of the pier but in addition yachts MUST also take their finish time and submit the declaration. Failure to obtain a finish time will not be grounds for redress.

9. Declaration. This is a self timed race. All competitors are required to complete the attached declaration card stating their time of crossing the finishing line and, if possible, the name of the yacht ahead and astern. Please hand your declaration card to the COGS representative at the Penzance clubhouse if requested.

10. Protests. Protests arising out of the race must be made in writing and lodged with the COGS representative in Penzance within one hour of the race time limit.

11. Seaworthiness, Safety and Special Regulations. The Offshore Racing Council's Special Regulations Category 4 will be force with the inclusion of a life raft. Every yacht must carry a VHF radio. It is the sole and exclusive responsibility of each skipper to decide whether to start or to continue the race.

12. Time limit/Retirements. The time limit for all boats is 1900 BST, this changes Rule 35. Any yacht not finishing by this time will be deemed to have retired. The organisers will assume that all yachts entered will race. If any yacht fails to start or retires, it must advise Penzance SC (01736 364989) or on Ch M1.

13. Liability. The race organisers shall not be liable for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his skipper or crew, or any other person on board the vessel, as a result of their taking part in the race. Moreover, every competitor warrants the suitability of his yacht for the race. The safety of the yacht and its entire management, including insurance, shall be the sole responsibility of the owner/competitor who must ensure that the yacht is fully found, thoroughly seaworthy and manned by a crew sufficient in number and experience and are physically fit enough to face bad weather.

14. Description of marks – please note co-ordinates are only approximate, all skippers advised to check.

Manacles Buoy  
914W

Easter Cardinal

50 02 806N 05 01

## Supplementary Information

1. Start Time. In order to give a fair rounding of the Lizard and to ensure arrival in time at Penzance to lock in the harbour, the start shall be 1030 hours.

2. Tide Times. High water at Pendennis point is 0949 hours BST (4.5m). High water at Penzance is 21.45 hours BST (5.00m). The lock gate is therefore expected to be open between approx. 1945 and 22.45 hours BST. Please confirm with the Harbour Office on the day.
3. Penzance Harbour. The harbour gate is open from 2 hours before until 1 hour after High Water. There are 5 yellow pick up waiting buoys off the South Pier for those boats arriving early. The Harbour master will allocate berths alongside or rafted up. Toilets and showers are available next to the Harbour office. A pzsc rib will be available to bring crews ashore via VHF Channel M1. Latest departure time on Sunday morning should be confirmed with the Harbour Master. Alternatively the gates will re-open in the evening. Those who wish not to have an early morning departure on the Sunday (gates will be open approximately 07.00 to 10.00 hours BST), may wish to consider remaining on the waiting buoys for the night (a rib may be available to take competitors ashore – contact PSC to confirm). It is prudent to check the weather forecast before committing to this, as Mount's Bay can be uncomfortable for yachts in some SE and easterly conditions. Another option is Newlyn, 1 Nm to the west.
4. Prizes. Prizes will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in the IRC and PY classes and also for the 2 handed boats. The 'A2 Rigging' IRC and PY trophies will be awarded to the first boat in each respective fleet.
- 5.
6. Saturday evening at Penzance. Prize giving will take place at Penzance Sailing Clubhouse as soon as all competitors have finished and the bar will be open from 1800 hours. Food will be available (bookings not required) and the bar will be open throughout the evening.
7. Useful phone numbers:

Penzance Sailing Club M1 (37)	01736 364989 (or Ch
Alan Spencer Smith PZSC representative Ch M1)	07830 328684 (of VHF
Penzance Harbour Master (Neil Clark)	01736 366113 (or VHF Ch 12)

Thank you for entering the Falmouth to Penzance Race.  
We hope you enjoy your weekend!

